

ALL CLASSES AT INNER SPACE STUDIO NEWLYN unless stated ** contact maria@mcgowandance.com or 07800511784 to book or for more info.

Monday	Tuesday	Wednesday	Thursday	Friday
				9.00-10.15 'Dancing Together' lovely class suitable for everyone- no dance experience needed- with Katie – to book contact katielusby@hotmail.com
		11.30-12.45 Adult Beginners/ Improvers Ballet & PBT Stretch/Condition- Maria		
1.30-2.30 3.00-4.00 Private Lessons Ballet	2.00-3.00PM SILVER SWAN ** (over 50's) BALLET AT LANDITHY HALL MADRON ** Drop in £5	1.15-2.00 Private Lesson ballet		
4.00-4.45 Grade 3 Ballet with Maria	3.50-4.35 Pre-Primary Ballet suitable for 4years + with Maria	2-2.30 Toddler/Preschool ballet suitable for 2-4 years.	3.45-4.30 Grade 7 Ballet with Maria	
4.45-5.30 Grade 8 Ballet 5.30-5.45 POINTE CLASS with Maria	4.35-5.30 Grade 5 Ballet with Maria	2.40-3.40 Private Tap and Modern with Kate	4.30-5.20 Intermediate Foundation Ballet -Maria	
5.45 -6.30 Intermediate Ballet with Maria		3.45 - 4. 25 Group 1 Primary Ballet 4.25- 5.15 Group 2 Primary Ballet Maria 5.15-5.30 Primary Tap with Kate	5.20 -6.10 Grade 3 Ballet with Maria	
6.30-7.30 Intermediate Foundation Ballet with Maria	7.00-8.00 ISTD Intermediate Tap & Modern with Kate	5.30 -6.15 Grade 1 Ballet- with Maria	6.15-7.15 'Strictly Newlyn' with Nicolette –great fun class using strictly styles- no partner /experience necessary to book/more info - nicolettewhitley@outlook.com	
7.30-8.30 Adult Ballet - Beginners /improvers- All Welcome Drop -in. Maria	8.00- 9.00 Discovering Repertoire- for those with some ballet experience/ those returning to dance after a break- with Maria	6.15- 7 Grade 7 Ballet with Maria		